School Code- 72443
CBSE Affiliation Code- 2134631

SURYA SAINIK SCHOOL

Approved by the Ministry of Defence, India

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School I.D.- 5042
Registration No.- SNKLP0013853122

MENU FOR HOSTEL CADETS APPLICABLE W.E.F. 15/09/2026

Day / Time	Breakfast 07:15 AM to 07:45 AM	Morning Refreshment 11.00 AM	Lunch **Ist Slot** 12:45 – 1.25 PM **IInd Slot** 01:25 – 2.05 PM	Evening Refreshment 6.00 - 6.20 PM	Dinner 08:30 PM 09:15 PM
Monday	Stuff Paratha+ Chatni+ Boiled Egg & Milk + Fruit (Banana)	Seasonal Fruit	Mix dal + Seasonal Veg. + Rice + Chapati +Salad+ Raita	Noodles + Butter Milk/Tea	Arhar Dal+ Seasonal Veg+ Rice + Chapati + Suji Halwa
Tuesday	Poori Sabji + Milk + Fruit (Banana)	Seasonal Fruit	Arhar Dal + Seasonal Veg+. Rice + Chapati + Salad + Raita	Namkeen + Butter Milk/Tea	Kofta + Rice + Chapati + Sevyiya
Wednesday	Poha with peanut + Boiled Egg + Milk + Fruit (Banana)	Seasonal Fruit	Urad/Moomg dal Vadi Curry + Rice + Chapati +Salad+ Curd	Samosa/Namakpara + Chatni + Butter Milk/Tea	Veg Manchurian+ Chicken + Rice + Chapati
Thursday	Idli Sambhar+ Boiled Egg + Milk + Fruit (Banana)	Seasonal Fruit	Kadhi +Seasonal Veg+ Rice + Chapati +Salad	Fried Rice chatni + Butter Milk/Tea	Arhar dal + Mix veg + Rice + Chapati + Fruit custard +
Friday	Fried Grams+ Boiled Egg + Milk + Fruit (Banana)	Seasonal Fruit/	Rajma + Rice + Chapati + Salad+ Curd	Pasta + Butter Milk/Tea	Paneer/ Mashroom + Egg Curry + Rice + Chapati
Saturday	Onion Paratha/ Paratha+Chatni/ Veg +Boiled Egg + Milk + Fruit (Banana)	Seasonal Fruit	Soya Been Curry +Rice + Chapati + Salad+ Raita	Biscuit + Butter Milk/Tea	Mix Dal + Aloo Matar Veg + Rice + Chapati + Suji Halwa/Kheer
Sunday	Chole Bhature + Boiled Egg + Milk + Fruit (Banana)	Seasonal Fruit	Kali masoor dal+ Rice +Sabji + Chapati + Salad+Curd	Aaloo Chat Masala + Butter Milk//Tea	Paneer + Chicken+ Jeera-Pulao /Rice + Chapati+ Papad + Ice Cream

Note: Modification will be done according to availability of vegetables & other food items, as well as seasonal availability.